

## **Policies of GymTonic BudaPart Fitness Club 2022.April 18.**

### **Introduction:**

The purpose of the Rules of Procedure is to define the rules of use for persons on the premises of the club, users of the services and other users of the Club and to establish the basic rules governing the conduct and behaviour of the Club's residents and users, which are essential for safe and civilised service activities. The Code of Conduct also lays down provides for the proper use, maintenance and safe operation of the fitness and wellness facilities requirements for the safe and secure operation of the fitness and wellness centre, which may not be laid down in other rules.

Members using the services of GymTonic BudaPart Fitness Club automatically accept the rules of the rules of the house, in particular with regard to safe operation and general coexistence. The management of the club will endeavour to provide the highest quality of service at all times and subordinate everything to this aim.

### **The main rules are:**

Access to the club premises, its gym, group room and wellness area is only allowed with a valid daily ticket or with a season ticket.

GymTonic BudaPart Fitness Club offers all services related to sport, training and wellness can only be used in accordance with their intended purpose.

The user of the GymTonic BudaPart Fitness Club must not violate any applicable legal regulations, regulations or the rules contained in these Rules and Regulations.

The Rules of GymTonic BudaPart Fitness Club are available to all guests using the service at any time and freely accessible and available for inspection on the website of the GymTonic BudaPart Fitness Club and at its reception.

Before using the services, it is the responsibility of the club members to familiarise themselves with and understand the Rules of Procedure, which can be consulted at any time assistance at any time at the reception desk or from the trainers. It is important to know that the use of the services is subject to knowledge and automatic acceptance of them.

Only sports equipment appropriate to the sporting activity being practised on site may be used on the club premises.

Only and exclusively in a sealable plastic bottle or canteen in the group room, the strengthening and cardio area all other drinks and food are strictly prohibited.

### **Rules for the admission of club members and guests:**

The operator shall require a photo ID of all guests using the sports services of GymTonic BudaPart Fitness Club.

The guests of BudaTon Fitness Clubs shall keep a record of all personal data. The required data may be disclosed in whole or in part, or the facial image may be recorded.

Refusing to provide the services in question, the operator may be entitled to refuse to provide the services in question in part or in whole or in part. The operator shall, in accordance with the

applicable data protection and data management (GDPR) rules, only use the data of guests for its own records, with their consent, in accordance with the applicable regulations and regulations and shall not disclose it to third parties.

Upon first entry, all guests are required to complete the registration and information form, which includes a photographic record. At the same time you will be able to get to know and accept the rules of the House Rules and that they will be enforced by the staff of the institution may check the institution's staff at any time.

For guests using the services of the club, changing and changing clothes in the men's and women's changing rooms is permitted. Lockers for the men and women dressing rooms has been provided.

The items handed over to the guest on entry (locker key, towel) must be left at the reception desk on departure. The guest shall be financially responsible for the equipment handed over to him/her on entry to the operator.

The services provided by the club can be used with a valid pass or with a day ticket purchased at the time of entry.

Any unused time on a valid season ticket cannot be transferred to the next season ticket.

GymTonic BudaPart Fitness Club sports (individual and group training), wellness and catering (buffet) services are only available during the opening hours of the complex. Exceptions to this rule are made in the case of authorised in advance by the operator.

Guests using the services of the GymTonic BudaPart Fitness Club are obliged, with regard to the closing times, to complex on time, i.e. at the respective closing time.

#### **FITNESS TERMS (the strength and cardio section):**

Children under 14 years of age are not allowed in the gym, children over 14 years of age must be accompanied by an adult or have a written parental. Over 18 years of age may be on their own.

In the strength and cardio area of the fitness room, in the group room, only in appropriate sports clothing (closed sports shoes, shoes with a protective cap, shoes with a protective cap), T-shirt or t-shirt, top, sports shorts). In the case of accident-prone clothing and footwear No barefoot training is permitted. Shoe-changing is compulsory and street shoes are prohibited!

Exercise equipment and sports equipment may only be used for the purpose for which it is intended, and must be.

The club's staff and gym coaches will be happy to assist you in demonstrating this at any time. The club's fitness and wellness services are available on and wellness services, in accordance with the rules of the house, at your own risk and according to your physique, health and fitness. Violation of the rules and regulations, endangering the health and safety of yourself and other guests, will result in a warning, repeated or, in serious cases, severe sanctions, including the refusal of service.

The management of the club will at all times place the safety of its operation and the health of its guests first.

After using the machines, weights and equipment, guests must leave the machines in their original position, then return the machines and equipment to their designated storage areas.

The use of towels is compulsory when using each piece of equipment and machinery and they must be left clean.

The proper use of machines and equipment is assisted by the guidance and instruction of staff and room attendants. Checked at any time.

#### CHANGING ROOMS, SAUNA LOBBY AND SAUNA

Clean slippers in changing rooms and showers, wellness area, sauna and jacuzzi are compulsory in the sauna and in the sauna, in the sauna and in the Jacuzzi.

The operator cannot be held responsible for any objects left in the club area or in the changing room lockers.

Please leave your valuables in the lockers provided for this purpose.

Hangers in the changing room are part of the lockers and must not be taken away.

In the wellness area, the jacuzzi, Finnish and infra sauna may only be used in accordance with the general rules posted, only at your own risk.

The sauna may be used in appropriate clothing (suitable swimsuit or bath towel).

Essential oils may be used in the sauna only in moderation and with respect for others.

Slippers are not allowed on the sauna benches.

Do not leave litter in the changing rooms and lockers after leaving.

Please report any problems (blockages, dirt, rubbish) in the bathrooms to the

Please report to the reception as soon as possible.

Smoking and alcohol consumption are strictly FORBIDDEN in the GymTonic BudaPart Fitness Club area, and anything that may cause discomfort or inconvenience to the guests is strictly prohibited.

GymTonic BudaPart Fitness Club service activities, which is against the law or public morals any activity that disturbs others with strong noise, smell or other environmental nuisance.

The use of doping substances, drugs and narcotics is FORBIDDEN on the entire premises of the GymTonic BudaPart Fitness Club, or

abuse, any dangerous substances and objects (explosives, pyrotechnics, weapons)

food, drink or animals of any kind.

Any commercial activity, advertising, propaganda (billboards, signs, etc,

stop signs, wall stickers and leaflets), the production of sound and visual material, prohibited

gambling, the provision of music.

In the area of the GymTonic BudaPart Fitness Club, only with the permission of the operator and only in the area specified by the operator

and in the manner and place specified by the club, advertising, propaganda and leaflets may be placed in the premises of the club, in order to inform members and guests of the club

private equipment (e.g. bicycles, scooters, roller skates, skateboards, etc.).

If the operator of the GymTonic BudaPart Fitness Club is carrying out its activity or providing its services on the premises of the GymTonic BudaPart Fitness Club

for the presentation or propagation of its activity or service for any purpose, and

any guest may appear on them, the guest shall, in connection with his/her appearance on the advertising material

The guest may not make any material or personal claims against the operator in respect of the advertising material. Exceptions to this rule are of course

except those which are otherwise provided for in the legislation on the protection of personal data.

Supervisory and control powers of the operator for the smooth operation of fitness and wellness services covers the entire area of the GymTonic BudaPart Fitness Club, in particular the areas used by guests and the manner, conditions and extent of use of the services.

Any irregularity (in violation of the rules of these Rules of Conduct or of the generally accepted rules of conduct of the rules and regulations of the House and of the general the operator shall be entitled to ask the guest to cease his/her activity or, in more serious cases, to leave, or to exclude the guest temporarily or permanently from membership of the club. In this case, the prepaid in accordance with the damage and inconvenience caused and the time already used reduced by the time used. In cases exceeding the operator's right to take action is entitled to request the assistance of the police or other public authorities, and shall comply with their instructions in all all parties concerned.

The expelled guest who is in breach of the rules shall be liable to the operator and shall not be entitled to make any claim against the operator.

All guests are required to maintain order and cleanliness on the club premises, and it is expected that other guests will be treated with respect.

Respect for the other guest, and to behave in a civilised manner.

The operator of the GymTonic BudaPart Fitness Club is not liable for any damage to persons or property damage to property or material damage if they are caused by non-compliance with the House Rules or by the irresponsible behaviour of guests irresponsible behaviour of the guests. The BudaParty is not responsible for lost or stolen objects or equipment.

The found objects will be returned to the guests are obliged to return all items found at the reception desk of the GymTonic BudaPart Fitness Club, with documentation.

All guests use the services at their own risk and responsibility.

For the provision of first aid to persons who have had an accident on the premises of the complex, a suitably equipped room is available on the premises. In the event of any accident, the operator will record an accident report.

Any incident occurring on the premises of the GymTonic BudaPart Fitness Club shall be reported to the operator at the reception desk without delay. Depending on the exceptional occurrence, without delay shall be notified by telephone:

Ambulance (in case of accident) 104

Fire brigade: (in case of fire) 105

Police: (in case of disorder) 107

General emergency call: (in any case) 112

The operator may amend or add to this policy at its discretion.

The operator of the GymTonic BudaPart Fitness Club reserves the right to organise, in whole or in part, a private meeting or a public event in the whole or in part of the complex events, excluding the general public.

The management of GymTonic BudaPart Fitness Club wishes you a good workout!